

**STRONG  $A$ -INFINITY WEIGHTS AND SOBOLEV CAPACITIES  
IN METRIC MEASURE SPACES**

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**ABSTRACT.** This article studies strong  $A$ -infinity weights in Ahlfors  $Q$ -regular unbounded and geodesic metric measure spaces satisfying a weak  $(1, s)$ -Poincaré inequality for some  $s$  in  $(1, Q]$ . For a fixed  $s$  in  $(Q - 1, Q]$ , it is shown that a function  $u$  yields a strong  $A$ -infinity weight of the form  $w = \exp(Qu)$  whenever the minimal  $s$ -weak upper gradient of  $u$  has sufficiently small Morrey  $s$  norm.

1. INTRODUCTION

In this paper  $(X, d, \mu)$  is a complete and unbounded metric measure space. In addition, we assume that  $(X, d, \mu)$  is Ahlfors  $Q$ -regular for some  $Q > 1$ . That is, there exists a constant  $C = c_\mu$  such that, for each  $x \in X$  and all  $r > 0$ ,

$$C^{-1}r^Q \leq \mu(B(x, r)) \leq Cr^Q.$$

We will also assume that  $(X, d, \mu)$  satisfies a weak  $(1, s)$ -Poincaré inequality for some  $s \in (1, Q]$ . That is, there exist constants  $C > 0$  and  $\lambda \geq 1$  such that for all balls  $B$  with radius  $r$ , all measurable functions  $u$  on  $X$  and all upper gradients  $g$  of  $u$  we have

$$(1.1) \quad \frac{1}{\mu(B)} \int_B |u - u_B| d\mu \leq Cr \left( \frac{1}{\mu(\lambda B)} \int_{\lambda B} g^s d\mu \right)^{1/s},$$

where  $\lambda B$  represents the ball concentric with  $B$  with radius  $\lambda$  times the radius of  $B$  whenever  $\lambda > 0$ , and  $u_B$  denotes the average of  $u$  on the measurable set

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$E \subset X$  with respect to the measure  $\mu$  whenever  $0 < \mu(E) < \infty$ . For a discussion on spaces satisfying a Poincaré inequality, see for example [HeK]. We recall that a nonnegative Borel function  $g$  is an *upper gradient* for a measurable function  $u : X \rightarrow [-\infty, \infty]$  if for all nonconstant rectifiable paths  $\gamma : [0, l_\gamma] \rightarrow X$  we have

$$(1.2) \quad |u(\gamma(0)) - u(\gamma(l_\gamma))| \leq \int_\gamma g \, ds$$

whenever  $u(\gamma(0))$  and  $u(\gamma(l_\gamma))$  are both finite and  $\int_\gamma g \, ds = \infty$  otherwise. Here and throughout the paper the rectifiable curve  $\gamma : [0, l_\gamma] \rightarrow X$  is assumed to be parameterized by the arc length  $ds$ , where  $l_\gamma$  is the length of  $\gamma$ . For a discussion about rectifiable paths and path integration in metric spaces see [HeK, Section 2] and [Hei, Chapter 7].

Furthermore,  $X$  is assumed to be geodesic. That is, every pair of points can be joined by a curve whose length is the distance between the points. It is known that if  $\mu$  is a Borel and Ahlfors  $Q$ -regular measure and  $X$  is geodesic and satisfies a weak  $(1, s)$ -Poincaré inequality for some  $1 < s \leq Q < \infty$ , then  $(X, d, \mu)$  in fact admits a Poincaré inequality with  $\lambda = 1$  in (1.1), but possibly with a different constant  $C > 0$ . (See [Hei, Theorem 9.5].)

We study sufficient conditions under which we get strong  $A_\infty$ -weights in  $X$ . A nontrivial doubling measure  $\nu$  on  $X$  is a Radon measure for which there exists a constant  $C > 1$  such that

$$0 < \nu(2B) \leq C\nu(B)$$

for all balls  $B$ .

To every doubling measure  $\nu$  on  $X$  we can associate a quasidistance on  $X$  defined by

$$(1.3) \quad \delta_\nu(x, y) = \nu(B_{xy})^{1/Q},$$

where  $B_{xy} := B(x, d(x, y)) \cup B(y, d(y, x))$ . To say that  $\delta_\nu(x, y)$  is a quasidistance means by definition that  $\delta_\nu : X \times X \rightarrow [0, \infty)$  is symmetric, vanishes if and only if  $x = y$ , and satisfies

$$(1.4) \quad \delta_\nu(x, z) \leq C(\delta_\nu(x, y) + \delta_\nu(y, z))$$

for some  $C \geq 1$  and all  $x, y, z \in X$ . If (1.4) was satisfied with  $C = 1$ , then the quasidistance  $\delta_\nu$  would in fact be a distance function.

We call  $\nu$  a *metric doubling measure* if the quasidistance  $\delta_\nu$  is comparable to a distance  $\delta'_\nu$ ; that is, there exists a distance function  $\delta'_\nu$  on  $X$  and a constant  $C > 0$  such that

$$(1.5) \quad C^{-1}\delta_\nu(x, y) \leq \delta'_\nu(x, y) \leq C\delta_\nu(x, y) \text{ for all } x, y \in X.$$

We say that a nonnegative function  $w \in L^1_{loc}(X, \mu)$  is an  $A_p$ -weight with respect to the measure  $\mu$  for some  $1 < p < \infty$  and we write  $w \in A_p(\mu)$  if there exists a constant  $C \geq 1$  such that

$$\left( \frac{1}{\mu(B)} \int_B w(x)^{-1/(p-1)} d\mu(x) \right)^{p-1} \frac{1}{\mu(B)} \int_B w(x) d\mu(x) \leq C$$

for all balls  $B \subset X$ . We say that  $w$  is a  $A_\infty$ -weight with respect to the measure  $\mu$  and we write  $w \in A_\infty(\mu)$  if  $w$  is an  $A_p$ -weight with respect to  $\mu$  for some  $p$  in  $(1, \infty)$ . That is,

$$A_\infty(\mu) = \cup_{p>1} A_p(\mu).$$

We define  $w$  to be a strong  $A_\infty$ -weight if it is the density of a metric doubling measure  $\nu$  and moreover, it is an  $A_\infty$ -weight with respect to  $\mu$ . That is,

$$d\nu(x) = w(x) d\mu(x)$$

where  $w \in A_\infty(\mu)$  and  $\nu$  is a metric doubling measure.

Strong  $A_\infty$ -weights in  $\mathbf{R}^n$  were introduced in the early 90's by David and Semmes in [DS] and [Sem] when trying to identify the subclass of  $A_\infty$ -weights that are comparable to the Jacobian determinants of quasiconformal mappings.

**Question 1.1.** In the Euclidean setting, metric doubling measures have densities that are  $A_\infty$ -weights. (See [Sem].) An open question in the metric setting is whether or not metric doubling measures necessarily have  $A_\infty$ -densities. This question has been answered affirmatively recently by Korte and Maasalo in [KorM] for Ahlfors  $Q$ -regular spaces that satisfy a weak  $(1, 1)$ -Poincaré inequality.

In the last few years strong  $A_\infty$ -weights were studied by Bonk, Heinonen, and Saksman in [BHS1] and [BHS2] and by the author in [Cos1].

In the Euclidean setting Bonk and Lang proved in [BL] that if  $\nu_0$  is a signed Radon measure on  $\mathbf{R}^2$  such that  $\nu_0^+(\mathbf{R}^2) < 2\pi$  and  $\nu_0^-(\mathbf{R}^2) < \infty$ , then  $(\mathbf{R}^2, \tilde{D}_{\nu_0})$  is bi-Lipschitz equivalent to  $\mathbf{R}^2$  endowed with the Euclidean metric, where

$$\tilde{D}_{\nu_0}(x, y) = \inf \left\{ \int_\alpha e^u ds : \alpha \text{ analytic curve connecting } x, y \right\},$$

$u$  is a solution of  $-\Delta u = \nu_0$  with  $|\nabla u| \in L^2(\mathbf{R}^2)$ , and  $\nu_0 = \nu_0^+ - \nu_0^-$  is the Jordan decomposition of  $\nu_0$ . In particular, it is proved that  $w = e^{2u}$  is comparable to the Jacobian of a quasiconformal mapping  $f : \mathbf{R}^2 \rightarrow \mathbf{R}^2$ , which implies that  $w$  is a strong  $A_\infty$ -weight.

Here we prove a result in  $(X, d, \mu)$ , related to [Cos1, Theorem 5.1] and to the result from [BL]. It states that  $A_\infty$ -weights of the form  $w = e^{Qu}$  are strong  $A_\infty$ -weights if  $u$  is a locally integrable function that has an upper gradient  $g$  in the

Morrey space  $\mathcal{L}^{s,Q-s}(X, \mu)$  with small Morrey  $s$  norm  $\|\cdot\|_{\mathcal{L}^{s,Q-s}(X, \mu)}$  for some  $s > 1$  in  $(Q-1, Q]$ .

For  $1 \leq s \leq Q$ , the Morrey space  $\mathcal{L}^{s,Q-s}(X, \mu)$  is defined to be the linear space of locally  $\mu$ -integrable functions  $u$  on  $X$  such that  $\|u\|_{\mathcal{L}^{s,Q-s}(X, \mu)} < \infty$ , where

$$\|u\|_{\mathcal{L}^{s,Q-s}(X, \mu)} = \sup_{a \in X} \sup_{r > 0} \left( r^{s-Q} \int_{B(a,r)} |u(x)|^s d\mu(x) \right)^{1/s}.$$

In particular  $\mathcal{L}^{Q,0}(X, \mu) = L^Q(X, \mu)$ . We refer to [Gia, p. 65] for more information about Morrey spaces in the Euclidean setting and their use in the theory of partial differential equations.

If  $(X, d, \mu)$  is an Ahlfors  $Q$ -regular metric space with  $Q > 1$  satisfying a weak  $(1, s)$ -Poincaré inequality for some  $s \in (1, Q]$ , it follows from (1.1) that there exists a constant  $C$  depending only  $s$  and on data of  $X$  such that

$$(1.6) \quad [u]_{\text{BMO}(X, \mu)} \leq C \|g\|_{\mathcal{L}^{s,Q-s}(X, \mu)}$$

whenever  $g$  is an upper gradient of  $u$ . Here and throughout the paper  $[u]_{\text{BMO}(X, \mu)}$  is the *bounded mean oscillation* seminorm that measures the oscillation of  $u$  on balls in  $X$ , given by

$$[u]_{\text{BMO}(X, \mu)} = \sup_{a \in X} \sup_{r > 0} \frac{1}{\mu(B(a, r))} \int_{B(a, r)} |u(x) - u_{B(a, r)}| d\mu(x).$$

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## 2. PRELIMINARIES

In this section we recall standard definitions and results. The open ball with center  $x \in X$  and radius  $r > 0$  is denoted  $B(x, r) = \{y \in X : d(x, y) < r\}$ , the closed ball by  $\bar{B}(x, r) = \{y \in X : d(x, y) \leq r\}$ , and the sphere by  $S(x, r) = \{y \in X : d(x, y) = r\}$ . Throughout this paper,  $C$  will denote a positive constant whose value is not necessarily the same at each occurrence; it may vary even within a line.  $C(a, b, \dots)$  is a constant that depends only on the parameters  $a, b, \dots$ . Here  $\Omega$  will denote a nonempty open subset of  $X$ . For  $E \subset X$ , the closure and the complement of  $E$  with respect to  $X$  will be denoted by  $\bar{E}$  and  $X \setminus E$  respectively;

$\text{diam } E$  is the diameter of  $E$  with respect to the metric  $d$  and  $E \subset\subset F$  means that  $\bar{E}$  is a compact subset of  $F$ .

For a measurable  $u : \Omega \rightarrow \mathbf{R}$ ,  $\text{supp } u$  is the smallest closed set such that  $u$  vanishes on the complement of  $\text{supp } u$ . We also use the spaces

$$\begin{aligned} Lip(\Omega) &= \{\varphi : \Omega \rightarrow \mathbf{R} : \varphi \text{ is Lipschitz}\}, \\ Lip_0(\Omega) &= \{\varphi : \Omega \rightarrow \mathbf{R} : \varphi \text{ is Lipschitz and } \text{supp } \varphi \subset\subset \Omega\}. \end{aligned}$$

**2.1. Newtonian spaces.** We introduce now some definitions and known results about Newtonian spaces to be used in this paper. Let  $1 \leq s < \infty$ . The  $s$ -modulus of a family of nonconstant rectifiable paths  $\Gamma$  in  $X$  is the number

$$\inf_{\rho} \int_X \rho^s d\mu,$$

where the infimum is taken over all non-negative Borel measurable functions  $\rho$  such that for all nonconstant rectifiable paths  $\gamma$  which belong to  $\Gamma$  we have

$$\int_{\gamma} \rho ds \geq 1.$$

It is known that the  $s$ -modulus is an outer measure on the collection of all nonconstant rectifiable paths in  $X$ .

A property is said to hold for  $s$ -almost all paths, if the set of nonconstant rectifiable paths for which the property fails is of zero  $s$ -modulus. If (1.2) holds for  $s$ -almost all nonconstant rectifiable paths  $\gamma$ , then  $g$  is said to be a  $s$ -weak upper gradient of  $u$ . We could state the definition of the weak  $(1, s)$ -Poincaré inequality by requiring the inequality (1.1) to hold for all  $s$ -weak upper gradients of  $u$ . (See [KosM].) Similarly we can define weak  $(q, s)$ -Poincaré inequalities for  $q > 1$ .

From now on, throughout the rest of the paper, we assume that  $1 < s < \infty$ . We define the space  $\tilde{N}^{1,s}(X)$  to be the collection of all the functions  $u$  that are  $s$ -integrable and have a  $s$ -integrable  $s$ -weak upper gradient  $g$ . This space is equipped with the norm

$$\|u\|_{\tilde{N}^{1,s}(X)} = \left( \|u\|_{L^s(X)}^s + \inf \|g\|_{L^s(X)}^s \right)^{1/s},$$

where the infimum is taken over all  $s$ -weak upper gradients of  $u$ . The Newtonian space on  $X$  is the quotient space  $N^{1,s}(X) = \tilde{N}^{1,s}(X) / \sim$  with the norm  $\|u\|_{N^{1,s}(X)} = \|u\|_{\tilde{N}^{1,s}(X)}$ , where  $u \sim v$  if and only if  $\|u - v\|_{\tilde{N}^{1,s}(X)} = 0$ . For basic properties of the Newtonian spaces we refer to [Sha1]. Cheeger in [Che] gives an alternative definition which leads to the same space when  $1 < s < \infty$ . For future reference we recall some known facts (see [KiM] and [Sha2]):

(i) The functions in  $\tilde{N}^{1,s}(X)$  are defined outside a path family of  $s$ -modulus zero. This implies that the functions in  $\tilde{N}^{1,s}(X)$  cannot be changed arbitrarily on sets of measure zero.

(ii) If  $1 < s < \infty$ , every function  $u$  that has a  $s$ -integrable  $s$ -weak upper gradient has in fact a minimal  $s$ -integrable  $s$ -weak upper gradient in  $X$ , denoted by  $g_u$ , in the sense that if  $g$  is another  $s$ -weak upper gradient of  $u$ , then  $g_u \leq g$   $\mu$ -a.e. in  $X$ .

(iii) For every  $c \in \mathbf{R}$  the minimal  $s$ -weak upper gradient satisfies  $g_u = 0$   $\mu$ -a.e. on the set  $\{x \in X : u(x) = c\}$ .

(iv) If  $u \in N^{1,s}(X)$  and  $v$  is a bounded Lipschitz continuous function, then  $uv \in N^{1,s}(X)$  and  $g_{uv} \leq |u|g_v + |v|g_u$   $\mu$ -a.e.

We emphasize that these properties hold without any additional assumptions on the measure  $\mu$  and on the space  $X$ .

The  $s$ -capacity of a set  $E \subset X$  is defined by (see [BBS])

$$C_s(E) = \inf_u \|u\|_{N^{1,s}(X)}^s,$$

where the infimum is taken over all functions  $u \in N^{1,s}(X)$  whose restriction on  $E$  is bounded below by 1. A property is said to hold  *$s$ -quasieverywhere* (or  *$s$ -q.e.*), if it holds everywhere except on a set of  $s$ -capacity zero. A function is  *$s$ -quasicontinuous*, if there is an open set of arbitrarily small  $s$ -capacity such that the function is continuous when restricted to the complement of the set. Every function in  $\tilde{N}^{1,s}(X)$  is defined  $s$ -quasieverywhere. Moreover, if  $u, v \in N^{1,s}(X)$  and  $u = v$   $\mu$ -a.e., then  $u = v$   $s$ -quasieverywhere. In particular, this implies that  $u$  and  $v$  belong to the same equivalence class in  $N^{1,s}(X)$ .

We introduce the notion of a local Newtonian space as follows.

**Definition 1.** We say that  $u$  belongs to the *local Newtonian space*  $N_{loc}^{1,s}(X)$  if  $u \in N^{1,s}(\Omega)$  for every open set  $\Omega \subset\subset X$ . If  $u \in N_{loc}^{1,s}(X)$  with  $1 < s < \infty$ , then  $u$  has a minimal  $s$ -weak upper gradient  $g_u$  in  $X$  in the following sense: if  $\Omega \subset\subset X$  is an open set and  $g$  is the minimal upper gradient of  $u$  in  $\Omega$ , then  $g_u = g$   $\mu$ -a.e. in  $\Omega$ .

From now on throughout the rest of the paper we assume that the measure  $\mu$  is Borel and Ahlfors  $Q$ -regular for some  $Q > 1$ . Furthermore we assume that the space supports a weak  $(1, s)$ -Poincaré inequality for some  $1 < s \leq Q$ . We recall a few useful properties of Newtonian spaces that hold under these additional assumptions (see [BBS] and [KiM]):

(i) The space  $X$  is proper (that is, closed and bounded sets are compact).

(ii) Lipschitz functions are dense in  $N^{1,s}(X)$  and Lipschitz functions which vanish in the complement of an open set  $\Omega$  are dense in  $N_0^{1,s}(\Omega)$ , where

$$N_0^{1,s}(\Omega) = \{u \in N^{1,s}(X) : u = 0 \text{ s-q.e. in } X \setminus \Omega\}.$$

(iii) Every function in  $N^{1,s}(X)$  is  $s$ -quasicontinuous.

Now we introduce the relative Sobolev  $s$ -capacity as in [Cos2]. See also [Bjo].

**Definition 2.** Let  $1 < s, Q < \infty$ . Suppose  $(X, d, \mu)$  is a proper and unbounded Ahlfors  $Q$ -regular metric space that satisfies a weak  $(1, s)$ -Poincaré inequality. Let  $\Omega \subset\subset X$  be open. For  $E \subset \Omega$  we let

$$A(E, \Omega) = \{u \in N_0^{1,s}(\Omega) : u \geq 1 \text{ in a neighborhood of } E\}.$$

We call  $A(E, \Omega)$  the set of *admissible functions for the condenser*  $(E, \Omega)$ . We define the relative  $s$ -capacity of the pair  $(E, \Omega)$  by

$$\text{cap}_s(E, \Omega) = \inf \left\{ \int_{\Omega} g_u^s d\mu : u \in A(E, \Omega) \right\}.$$

### 3. MAIN RESULTS

In this section we present the results about strong  $A_{\infty}$ -weights. We prove the following theorem.

**Theorem 3.1.** *Let  $1 < s \leq Q < \infty$  be fixed. We assume that  $s > Q - 1$ . Suppose  $(X, d, \mu)$  is an Ahlfors  $Q$ -regular and geodesic unbounded metric measure space satisfying a weak  $(1, s)$ -Poincaré inequality. Let  $u \in N_{loc}^{1,s}(X)$  be such that it has a minimal  $s$ -weak upper gradient  $g_u$  in the Morrey space  $\mathcal{L}^{s, Q-s}(X, \mu)$ . There exists a constant  $\varepsilon > 0$  depending only on  $s$  and on the data of  $X$  such that if*

$$\|g_u\|_{\mathcal{L}^{s, Q-s}(X, \mu)} < \varepsilon,$$

*then  $w = e^{Qu}$  is a strong  $A_{\infty}$ -weight with data depending only on  $s$  and on the data associated with  $X$ .*

For  $r \in (0, \infty)$  we define the Hausdorff  $r$ -content of a set  $E \subset X$  by

$$\Lambda_r^{\infty}(E) = \inf \left\{ \sum_i \text{diam}(G_i)^r : E \subset \bigcup_i G_i \right\},$$

where the infimum is taken over all coverings of  $E$  by open sets  $G_i$ .

The following lemma is a generalization of [BHS1, Lemma 3.11]. We again thank Mario Bonk for his contribution to this result.

**Lemma 3.2.** *Suppose  $(X, d, \mu)$  is a proper and unbounded geodesic Ahlfors  $Q$ -regular metric space admitting a weak  $(1, Q)$ -Poincaré inequality for some  $1 < Q < \infty$ . Suppose  $0 < r \leq 1$ . Let  $x, y \in X$  and let  $E \subset X$  be a bounded Borel set. Suppose that  $B_1, \dots, B_k$  are open balls such that  $x \in B_1, y \in B_k$  and  $B_i \cap B_{i+1} \neq \emptyset$  for  $i = 1, \dots, k-1$ . Then there exists a constant  $c_1 = c_1(r)$  depending on the data of  $X$  with the following property: if*

$$(3.1) \quad \Lambda_r^\infty(E) \leq c_1 d(x, y)^r,$$

then

$$(3.2) \quad \sum_{i \in \mathcal{G}_0} \text{diam}(B_i)^r > \frac{1}{20^r} d(x, y)^r,$$

where

$$(3.3) \quad \mathcal{G}_0 = \left\{ i = 1, \dots, k : \mu(E \cap B_i) \leq \frac{1}{2} \mu(B_i) \right\}.$$

PROOF. We choose a family  $\mathcal{I} \subset \{1, \dots, k\}$  such that

$$B_i \cap B_j = \emptyset \text{ whenever } i \neq j \in \mathcal{I} \text{ and } \bigcup_{i=1}^k B_i \subset \bigcup_{i \in \mathcal{I}} 5B_i.$$

(See [Hei, Theorem 1.2].) For every  $i = 1, \dots, k-1$  let  $x_i \in B_i \cap B_{i+1}$ . We let  $x_0 = x$  and  $x_k = y$ . Since  $X$  is geodesic, we have that for every  $i = 1, \dots, k$  there exists a rectifiable path  $\gamma_i$  in  $B_i$  connecting  $x_{i-1}$  and  $x_i$ . This yields a rectifiable path  $\gamma$  in  $\cup_{i=1}^k B_i$  connecting  $x$  and  $y$  and therefore

$$(3.4) \quad \Lambda_r^\infty\left(\bigcup_{i \in \mathcal{I}} 5B_i\right) \geq \Lambda_r^\infty\left(\bigcup_{i=1}^k B_i\right) \geq d(x, y)^r.$$

We can assume without loss of generality that  $\Lambda_r^\infty(E) > 0$ . Let  $(D_j)_{j \in \mathcal{J}}$  be a countable covering by open balls for  $E$  such that

$$\frac{1}{5}D_i \cap \frac{1}{5}D_j = \emptyset$$

whenever  $i \neq j \in \mathcal{J}$  (see [Hei, Theorem 1.16]) and such that

$$\sum_{j \in \mathcal{J}} \text{diam}(D_j)^r < 2^{r+1} \Lambda_r^\infty(E).$$

For every  $i \in \mathcal{I}$  we define

$$\mathcal{F}_i = \{j \in \mathcal{J} : D_j \cap B_i \neq \emptyset\}.$$



We denote

$$\mathcal{G} = \{i \in \mathcal{I} : \text{diam}(D_j) < \text{diam}(B_i) \text{ for all } j \in \mathcal{F}_i\} \text{ and } \mathcal{B} = \mathcal{I} \setminus \mathcal{G}.$$

Suppose  $i \in \mathcal{B}$ . Then there exists  $j = j_i \in \mathcal{F}_i$  such that

$$D_{j_i} \cap B_i \neq \emptyset \text{ and } \text{diam}(D_{j_i}) \geq \text{diam}(B_i).$$

We notice that

$$5B_i \subset 14D_{j_i} \text{ and } \text{diam}(5B_i) < 14 \text{diam}(D_{j_i}).$$

Therefore

$$\begin{aligned} (3.5) \quad \Lambda_r^\infty\left(\bigcup_{i \in \mathcal{B}} 5B_i\right) &\leq \sum_{j \in \mathcal{J}} \text{diam}(14D_j)^r \\ &\leq 28^r \sum_{j \in \mathcal{J}} \text{diam}(D_j)^r < 28^r 2^{r+1} \Lambda_r^\infty(E). \end{aligned}$$

We let

$$\mathcal{G}_1 = \{i \in \mathcal{G} : \sum_{j \in \mathcal{F}_i} \text{diam}(D_j)^r < c_0 \text{diam}(B_i)^r\} \text{ and } \mathcal{G}_2 = \mathcal{G} \setminus \mathcal{G}_1$$

for some  $c_0$  to be chosen later. We want to evaluate

$$\sum_{i \in \mathcal{G}_2} \text{diam}(5B_i)^r.$$

Before we do that, we notice that there exists a number  $M$  depending only on the data of  $X$  such that every ball  $D_j$  intersects at most  $M$  pairwise disjoint balls  $B_i$  of bigger diameter. Therefore

$$\begin{aligned} (3.6) \quad \Lambda_r^\infty\left(\bigcup_{i \in \mathcal{G}_2} 5B_i\right) &\leq \sum_{i \in \mathcal{G}_2} \text{diam}(5B_i)^r \leq 10^r \sum_{i \in \mathcal{G}_2} \text{diam}(B_i)^r \\ &\leq c_0^{-1} 10^r \sum_{i \in \mathcal{G}_2} \left( \sum_{j \in \mathcal{F}_i} \text{diam}(D_j)^r \right) \\ &\leq c_0^{-1} 10^r \sum_{i \in \mathcal{G}} \left( \sum_{j \in \mathcal{F}_i} \text{diam}(D_j)^r \right) \\ &\leq c_0^{-1} M 10^r \sum_{j \in \mathcal{J}} \text{diam}(D_j)^r \\ &< c_0^{-1} M 10^r 2^{r+1} \Lambda_r^\infty(E). \end{aligned}$$

We show now that if  $c_0$  is taken small enough, then

$$\mu(E \cap B_i) \leq \frac{1}{2}\mu(B_i) \text{ for every } i \in \mathcal{G}_1.$$

Indeed, for all  $i \in \mathcal{G}_1$  we have

$$\begin{aligned} \mu(E \cap B_i) &\leq \mu\left(\bigcup_{j \in \mathcal{F}_i} D_j \cap B_i\right) \leq \sum_{j \in \mathcal{F}_i} \mu(D_j) \leq c_\mu \sum_{j \in \mathcal{F}_i} \text{diam}(D_j)^Q \\ &\leq c_\mu \text{diam}(B_i)^{Q-r} \sum_{j \in \mathcal{F}_i} \text{diam}(D_j)^r \leq c_0 c_\mu \text{diam}(B_i)^Q. \end{aligned}$$

So, if we let  $c_0 = \frac{1}{2}c_\mu^{-2}2^{-Q}$ , we get

$$\mu(E \cap B_i) \leq \frac{1}{2}\mu(B_i) \text{ for every } i \in \mathcal{G}_1.$$

From (3.4), (3.5), (3.6), the subadditivity of  $\Lambda_r^\infty$ , and the fact that  $\mathcal{I} = \mathcal{G}_1 \cup \mathcal{G}_2 \cup \mathcal{B}$ , it follows that

$$d(x, y)^r \leq \Lambda_r^\infty\left(\bigcup_{i \in \mathcal{I}} 5B_i\right) < \sum_{i \in \mathcal{G}_1} \text{diam}(5B_i)^r + (28^r + c_0^{-1} M 10^r) 2^{r+1} \Lambda_r^\infty(E).$$

If we choose  $c_1$  such that  $2^{r+1}(28^r + c_0^{-1} M 10^r) c_1 = 1 - 2^{-r}$ , then we notice that

$$10^r \sum_{i \in \mathcal{G}_1} \text{diam}(B_i)^r \geq \sum_{i \in \mathcal{G}_1} \text{diam}(5B_i)^r > 2^{-r} d(x, y)^r$$

whenever  $\Lambda_r^\infty(E) \leq c_1 d(x, y)^r$ . Since  $\mathcal{G}_1 \subset \mathcal{G}_0$ , this finishes the proof of Lemma 3.2. □

**Lemma 3.3.** *Suppose  $1 < s, Q < \infty$ . Suppose that  $(X, d, \mu)$  is a complete and unbounded Ahlfors  $Q$ -regular metric measure space that satisfies a weak  $(1, s)$ -Poincaré inequality. Let  $\Omega \subset\subset X$  be open and let  $E \subset \Omega$ . Suppose  $u \in N_0^{1,s}(\Omega)$  is compactly supported in  $\Omega$ . If  $u \geq 1$  on  $E$ , then*

$$\text{cap}_s(E, \Omega) \leq \int_\Omega g_u^s d\mu.$$

PROOF. Since  $u \in N_0^{1,s}(\Omega)$  is compactly supported in  $\Omega$ , there exists a sequence  $\varphi_j \in Lip_0(\Omega)$  converging to  $u$  in  $N^{1,s}(X)$ . Without loss of generality we can assume that all the functions  $\varphi_j$  are supported in an open set  $U \subset\subset \Omega$  and that the sequence  $\varphi_j$  converges to  $u$  pointwise  $\mu$ -a.e. Since  $\varphi_j$  is a Cauchy sequence in  $N_0^{1,s}(\Omega)$ , there is a subsequence, denoted again by  $\varphi_j$ , such that

$$\|\varphi_j - \varphi_{j+1}\|_{N^{1,s}(X)} < 2^{-2j} \text{ for every } j \geq 1.$$

For the open set

$$E_j = \{x \in X : |\varphi_j(x) - \varphi_{j+1}(x)| > 2^{-j}\}$$

we have

$$C_s(E_j) \leq 2^{js} \|\varphi_j - \varphi_{j+1}\|_{N^{1,s}(X)}^s < 2^{-js}.$$

If we put

$$G_j = \bigcup_{k=j}^{\infty} E_k,$$

we have from the subadditivity of the  $s$ -capacity that

$$C_s(G_j)^{1/s} \leq \sum_{k=j}^{\infty} C_s(E_k)^{1/s} \leq \sum_{k=j}^{\infty} 2^{-k} = 2^{1-j}.$$

Thus the sequence  $\varphi_j$  converges uniformly outside open sets of arbitrarily small  $s$ -capacity to a quasicontinuous function  $v$  and we can assume without loss of generality that  $v = 0$  on  $X \setminus U$ . Moreover,  $v \in N_0^{1,s}(\Omega)$  because  $N_0^{1,s}(\Omega)$  is a Banach space. On the other hand,  $\varphi_j$  converges to  $u$   $\mu$ -a.e. in  $X$ . Thus  $u$  and  $v$  are two functions in  $N^{1,s}(X)$  that agree  $\mu$ -a.e., hence they agree  $s$ -q.e. on  $X$ . We let

$$E_0 = \{x \in X : u(x) \neq v(x)\} \text{ and } E_1 = E \setminus E_0.$$

We fix  $\varepsilon \in (0, 1)$ . We choose an open set  $G \subset U$  such that  $C_s(G) < \varepsilon$  and  $\varphi_j \rightarrow v$  uniformly on  $X \setminus G$ . We let

$$\tilde{G}_j = \{x \in X : \varphi_j(x) > 1 - \varepsilon\}.$$

Then  $\tilde{G}_j$  is open and

$$E_1 \setminus G \subset \tilde{G}_j \text{ for } j \geq j_\varepsilon.$$

Consequently, for  $j \geq j_\varepsilon$  we have via the subadditivity of the relative  $s$ -capacity (see [Cos2, Theorem 3.2 (vi)])

$$\text{cap}_s(E, \Omega) = \text{cap}_s(E_1, \Omega) \leq \text{cap}_s(\tilde{G}_j, \Omega) + \text{cap}_s(G, \Omega).$$

Since  $\varphi_j > 1 - \varepsilon$  on  $\tilde{G}_j$ , we have

$$\text{cap}_s(\tilde{G}_j, \Omega) \leq (1 - \varepsilon)^{-s} \int_{\Omega} g_{\varphi_j}^s d\mu,$$

and hence by letting  $j \rightarrow \infty$ , we obtain

$$\text{cap}_s(E, \Omega) \leq (1 - \varepsilon)^{-s} \int_{\Omega} g_u^s d\mu + \varepsilon.$$

By letting  $\varepsilon \rightarrow 0$  we obtain the desired conclusion. □

We prove Theorem 3.1 now.

PROOF. Since  $\mu$  is a Borel and Ahlfors  $Q$ -regular measure and  $X$  is a geodesic metric space that satisfies a weak  $(1, s)$ -Poincaré inequality for some  $s$  in  $(1, Q]$ , it follows from [HaK, Theorem 5.1], [KZ, Theorem 1.0.1] and [Hei, Theorem 4.18] that  $(X, d, \mu)$  satisfies in fact a  $(s, s)$ -Poincaré inequality with  $\lambda = 1$ .

We have that  $u \in N_{loc}^{1,s}(X)$  has a minimal  $s$ -weak upper gradient  $g_u$  in the Morrey space  $\mathcal{L}^{s,Q-s}(X, \mu)$ , hence we can assume without loss of generality that  $u$  is a Borel  $s$ -quasicontinuous function.

Since  $g_u$  has small  $\mathcal{L}^{s,Q-s}(X, \mu)$  norm, it follows from (1.6) that  $u$  has small  $\text{BMO}(X, \mu)$  seminorm. Therefore, from John-Nirenberg lemma, it follows that  $w(x) = e^{Q u(x)}$  is an  $A_\infty$ -density with respect to  $\mu$  for some doubling measure  $\nu$  with data depending on  $X$ . That is, (see [MP, Theorem 1.4], [MMNO, Theorem A], and [Buc, Theorem 2.2]), there exists a constant  $C$  depending on  $s$  and on data of  $X$  such that

$$(3.7) \quad \frac{1}{\mu(B)} \int_B e^{Q(u(x)-u_B)} d\mu(x) < C \text{ and } \int_{2B} w(x) d\mu(x) \leq C \int_B w(x) d\mu(x)$$

for every ball  $B \subset X$ . We write  $d\nu(x) = w(x) d\mu(x)$ . We recall the definition of  $\delta_\nu$  from (1.4). We shall show that there exists a constant  $C \in (0, 1]$  such that

$$(3.8) \quad d_\nu(x_1, x_2) := \inf \sum_{i=1}^k \nu(B_i)^{1/Q} \geq C \delta_\nu(x_1, x_2)$$

for all  $x_1, x_2 \in X$ , where the infimum is taken over finite chains of open balls connecting  $x_1$  and  $x_2$  satisfying

$$(3.9) \quad x_1 \in B_1, x_2 \in B_k \text{ and } B_i \cap B_{i+1} \neq \emptyset \text{ for all } i = 1, \dots, k-1.$$

Indeed, (3.8) implies both that  $d_\nu$  is a distance and that is comparable to  $\delta_\nu$  as required in (1.5). Towards this end, fix  $x_1, x_2 \in X$ ,  $x_1 \neq x_2$ . Let  $\gamma$  be a geodesic segment connecting  $x_1$  and  $x_2$ , and let  $a$  be the midpoint of  $\gamma$ . We denote  $R = d(x_1, x_2)$  and  $B = B(a, R)$ .

Let  $\eta \in \text{Lip}_0(6B)$  be a nonnegative  $1/R$ -Lipschitz function such that  $\eta = 1$  on  $3B$ . Since  $u$  is  $s$ -quasicontinuous and Borel, it follows that  $v(x) = \eta(x) |u(x) - u_{3B}|$  is a Borel  $s$ -quasicontinuous function in  $N_0^{1,s}(6B)$  compactly supported in  $6B$ .

Let  $E = \{x \in 3B : |u(x) - u_{3B}| > 1\}$ . We have that  $E$  is a Borel set since  $u$  is a Borel function. Since  $v$  is an  $s$ -quasicontinuous function in  $N_0^{1,s}(6B)$  compactly supported in  $6B$ , we have from the  $(s, s)$ -Poincaré inequality with  $\lambda = 1$  and

Lemma 3.3 that

$$\begin{aligned} \text{cap}_s(E, 6B) &\leq \int_{6B} g_v^s d\mu \leq \int_{6B} (\eta g_u + |u - u_{3B}| g_\eta)^s d\mu \\ &\leq C \int_{6B} g_u^s d\mu \leq C (6R)^{Q-s} \|g_u\|_{\mathcal{L}^{s, Q-s}(X, \mu)}^s. \end{aligned}$$

This implies that

$$(3.10) \quad \frac{\text{cap}_s(E, 6B)}{(6R)^{Q-s}} \leq C \|g_u\|_{\mathcal{L}^{s, Q-s}(X, \mu)}^s,$$

which together with [Cos2, Theorem 4.4] yields

$$(3.11) \quad \frac{\Lambda_1^\infty(E)}{R} \leq C \frac{\text{cap}_s(E, 6B)}{(6R)^{Q-s}} \leq C_0 \|g_u\|_{\mathcal{L}^{s, Q-s}(X, \mu)}^s.$$

We choose  $\varepsilon > 0$  such that  $C_0 \varepsilon^s < c_1$  where  $c_1$  is the constant from (3.1) and  $C_0$  is the constant from the last inequality in (3.11).

Now let  $B_1, \dots, B_k$  be an arbitrary chain of balls connecting  $x_1$  and  $x_2$  as in (3.9). We assume first that  $B_i \subset 3B$  for all  $i = 1, \dots, k$ . Let  $\mathcal{G}_0$  be defined like in (3.3). We have

$$\begin{aligned} (3.12) \quad \sum_{i=1}^k \nu(B_i)^{1/Q} &\geq \sum_{i \in \mathcal{G}_0} \nu(B_i)^{1/Q} \geq \sum_{i \in \mathcal{G}_0} \nu(B_i \setminus E)^{1/Q} \\ &= \sum_{i \in \mathcal{G}_0} \left( \int_{B_i \setminus E} e^{Qu(x)} d\mu(x) \right)^{1/Q} \geq \sum_{i \in \mathcal{G}_0} \left( \int_{B_i \setminus E} e^{Q(u_{3B}-1)} d\mu(x) \right)^{1/Q} \\ &= e^{u_{3B}-1} \left( \sum_{i \in \mathcal{G}_0} \mu(B_i \setminus E)^{1/Q} \right) \geq e^{u_{3B}-1} \sum_{i \in \mathcal{G}_0} \left( \frac{1}{2} \mu(B_i) \right)^{1/Q} \\ &\geq C e^{u_{3B}} \mu(3B)^{1/Q}. \end{aligned}$$

From (3.7), (3.12), and the definition of  $\delta_\nu$ , there exists  $C$  such that

$$\sum_{i=1}^k \nu(B_i)^{1/Q} \geq C \left( \int_{3B} e^{Qu(x)} d\mu(x) \right)^{1/Q} \geq C \delta_\nu(x_1, x_2).$$

Next, if the chain  $(B_i)$  does not lie entirely in  $3B$ , then there exists a smallest number  $k'$  with  $1 \leq k' \leq k$  such that  $B_{k'} \cap S(a, 2R) \neq \emptyset$ . Let  $x_0$  be a point in  $B_{k'} \cap S(a, 2R)$ . Then  $B_1, \dots, B_{k'}$  is a chain of balls connecting  $x_1$  and  $x_0$  and  $d(x_1, x_2) \leq d(x_1, x_0)$ . If  $B_{k'} \subset 3B$ , then from the fact that  $x_1 \in B_1 \cap 2B$  and from the definition of  $k'$  it follows that the subchain  $B_1, \dots, B_{k'}$  is contained in  $3B$ . Therefore we can apply the preceding argument to the chain  $B_1, \dots, B_{k'}$

connecting the points  $x_1$  and  $x_0$  to conclude that (3.8) holds; in the opposite case,  $\text{diam } B_{k'} \geq R$ . The doubling condition for  $\nu$  then implies  $\nu(B) \leq C\nu(B_{k'})$ . Thus, (3.8) is true in all cases. This finishes the proof of Theorem 3.1.  $\square$

Theorem 3.1 yields the following consequence:

**Theorem 3.4.** *Let  $1 < s \leq Q < \infty$  be fixed. We assume that  $s > Q - 1$ . Suppose  $(X, d, \mu)$  is a metric measure space as in Theorem 3.1. Let  $u$  be a Borel function in  $N_{loc}^{1,s}(X)$  such that it has a minimal  $s$ -weak upper gradient  $g_u$  in the Morrey space  $\mathcal{L}^{s,Q-s}(X, \mu)$ . There exists a constant  $\varepsilon > 0$  depending only on  $s$  and on the data of  $X$  such that if*

$$\|g_u\|_{\mathcal{L}^{s,Q-s}(X,\mu)} < \varepsilon,$$

then

$$(3.13) \quad \delta_\nu(x_1, x_2) \leq CD_\nu(x_1, x_2) \text{ for all } x_1, x_2 \text{ in } X,$$

where  $d\nu(x) = e^{Qu(x)} d\mu(x)$ ,  $C > 0$  is a constant depending only on  $s$  and on the data associated with  $X$  and

$$(3.14) \quad D_\nu(x, y) = \inf \left\{ \int_\gamma e^u ds : \gamma \text{ a rectifiable curve connecting } x, y \right\}.$$

One should compare the metrics  $D_\nu$  in Theorem 3.4 to those studied in [BL], [Res] and [Cos1].

**Question 3.5.** Another open question is whether or not the inequality (3.13) can be reversed in general. The answer is yes in the Euclidean setting when  $n \geq 2$ . (See [Cos1, Theorem 5.4].)

Now we prove Theorem 3.4.

PROOF. It is easy to see that  $D_\nu$  is indeed symmetric, nonnegative and satisfies the triangle inequality. From (3.13) it would follow immediately that  $D_\nu$  is a distance function dominating  $\delta_\nu$ . So fix  $x_1, x_2$  in  $X$ . We can assume without loss of generality that  $x_1 \neq x_2$ . Like before, let  $a$  be a point such that  $d(x_1, a) = d(a, x_2) = R/2$ , where  $R = d(x_1, x_2)$ . We denote  $B = B(a, R)$ . Like in the proof of Theorem 3.1, let

$$v = \eta|u - u_{3B}| \text{ and } E = \{x \in 3B : |u(x) - u_{3B}| > 1\},$$

where  $\eta \in Lip_0(6B)$  is a nonnegative  $1/R$ -Lipschitz function such that  $\eta = 1$  on  $3B$ . We notice that  $E$  is a Borel set and  $v$  is a Borel and  $s$ -quasicontinuous function in  $N_0^{1,s}(6B)$  compactly supported in  $6B$ .

Let  $\gamma$  be a rectifiable curve connecting  $x_1$  and  $x_2$  and let  $|\gamma|$  be its image. We assume first that  $|\gamma| \subset 3B$ . We obviously have

$$(3.15) \quad \int_{\gamma} e^u ds \geq \int_{\gamma \cap (3B \setminus E)} e^u ds.$$

As in the proof of Theorem 3.1, we have

$$\frac{\Lambda_1^\infty(E)}{R} \leq C \frac{\text{cap}_s(E, 6B)}{(6R)^{Q-s}} \leq C_0 \|g_u\|_{\mathcal{L}^{s, Q-s}(X, \mu)}^s < C_0 \varepsilon^s,$$

hence

$$\begin{aligned} \Lambda_1^\infty(|\gamma| \cap (3B \setminus E)) &\geq \Lambda_1^\infty(|\gamma| \cap 3B) - \Lambda_1^\infty(|\gamma| \cap E) \\ &\geq R - \Lambda_1^\infty(E) \geq (1 - c_1)R \end{aligned}$$

if  $\varepsilon > 0$  is small enough, where  $c_1$  is the constant from (3.1).

Thus we obtain

$$(3.16) \quad \begin{aligned} \int_{\gamma} e^u ds &\geq \int_{\gamma \cap (3B \setminus E)} e^u ds \geq \int_{\gamma \cap (3B \setminus E)} e^{u_{3B}-1} ds \\ &\geq \Lambda_1^\infty(|\gamma| \cap (3B \setminus E)) e^{u_{3B}-1} \geq C R e^{u_{3B}} \\ &\geq C \left( \int_{3B} e^{Qu_{3B}} d\mu(x) \right)^{1/Q} \\ &\geq C \left( \int_{3B} e^{Qu(x)} d\mu(x) \right)^{1/Q}, \end{aligned}$$

where the last inequality follows from (3.7). Therefore

$$(3.17) \quad \int_{\gamma} e^u ds \geq C \left( \int_{3B} e^{Qu(z)} d\mu(z) \right)^{1/Q} \geq C \delta_\nu(x_1, x_2) \text{ whenever } |\gamma| \subset 3B.$$

Now we assume that  $|\gamma| \setminus 3B \neq \emptyset$ . Suppose that  $\gamma$  is parameterized by its arc length parametrization. Let  $t_0 = \inf\{t \in [0, l_\gamma] : \gamma(t) \notin B(a, 2R)\}$ . Then, since  $\gamma$  is a path with  $\gamma(0), \gamma(l_\gamma) \in 2B$ , it follows that  $0 < t_0 < l_\gamma$  and  $\gamma([0, t_0]) \subset \overline{B}(a, 2R)$ . Let  $x_0 = \gamma(t_0)$  and let  $\tilde{\gamma}$  be the restriction of  $\gamma$  to  $[0, t_0]$ . Then  $x_0 \in S(a, 2R)$  and  $d(x_1, x_2) \leq d(x_1, x_0)$ . Therefore

$$\begin{aligned} \Lambda_1^\infty(|\gamma| \cap (3B \setminus E)) &\geq \Lambda_1^\infty(|\tilde{\gamma}| \cap (3B \setminus E)) \geq \Lambda_1^\infty(|\tilde{\gamma}|) - \Lambda_1^\infty(|\tilde{\gamma}| \cap E) \\ &\geq d(x_1, x_0) - \Lambda_1^\infty(E) \geq (1 - c_1)R \end{aligned}$$

if  $\varepsilon > 0$  is small enough, where  $c_1$  is the constant from (3.1). By repeating the argument from (3.16) with  $\tilde{\gamma}$  instead of  $\gamma$ , we obtain

$$\int_{\tilde{\gamma}} e^u ds \geq C \left( \int_{3B} e^{Qu(z)} d\mu(z) \right)^{1/Q}.$$

This finishes the proof of Theorem 3.4.  $\square$

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