

### Trig Substitution

The types we encounter are:

Diagram

$$\sqrt{1-x^2} \text{ common form } \frac{1}{\sqrt{1-x^2}} \quad \text{use} \quad \text{Let } x = \sin \theta$$

$$1+x^2 \text{ common form } \frac{1}{1+x^2} \quad \text{use} \quad \text{Let } x = \tan \theta$$

$$\sqrt{x^2-1} \text{ common form } \frac{1}{\sqrt{x^2-1}} \quad \text{use} \quad \text{Let } x = \sec \theta$$

### Sine

Basic: Find  $\int \frac{1}{\sqrt{1-x^2}} dx$

Let  $x = \sin \theta$  then  $dx = \cos \theta d\theta$

$$\int \frac{1}{\sqrt{1-x^2}} dx = \int \frac{\cos \theta d\theta}{\sqrt{1-\sin^2 \theta}} = \int \frac{\cos \theta d\theta}{\cos \theta} = \int d\theta = \theta + C = \sin^{-1} x + C$$

### Patterns:

$$(a) \int \frac{x}{\sqrt{1-x^2}} dx = \int \sin \theta \frac{\cos \theta d\theta}{\sqrt{1-\sin^2 \theta}}$$

Let  $x = \sin \theta$

$dx = \cos \theta d\theta$

$$= \int \sin \theta \left( \frac{\cos \theta d\theta}{\cos \theta} \right) = \int \sin \theta d\theta$$

“sketch”

$$= -\cos \theta + C = -\sqrt{1-x^2} + C$$

$$(b) \int \frac{x^2}{\sqrt{1-x^2}} dx = \int \sin^2 \theta \left( \frac{\cos \theta d\theta}{\cos \theta} \right) = \int \sin^2 \theta d\theta$$

Let  $x = \sin \theta$

$dx = \cos \theta d\theta$

$$= \int \frac{1-\cos 2\theta}{2} d\theta = \frac{1}{2} \theta - \frac{\sin 2\theta}{4} + C$$

$$= \frac{1}{2} \sin^{-1} x - \frac{2 \sin \theta \cos \theta}{4} + C = \frac{1}{2} \sin^{-1} x - \frac{1}{2} x \sqrt{1-x^2} + C$$

{Notice how the integrals of powers of the trig functions come into these solutions.}

$$\begin{aligned}
(c) \int \frac{x^3}{\sqrt{1-x^2}} dx &= \int \sin^3 \theta \left( \frac{\cos \theta d\theta}{\cos \theta} \right) = \int \sin^3 \theta d\theta && \text{Let } x = \sin \theta \\
&&& dx = \cos \theta d\theta \\
&= \int \sin^2 \theta \sin \theta d\theta = \int (1 - \cos^2 \theta) \sin \theta d\theta \\
&= \int \sin \theta d\theta - \int \cos^2 \theta (\sin \theta d\theta) = -\cos \theta + \frac{\cos^3 \theta}{3} + C \\
&= -\sqrt{1-x^2} + \frac{(1-x^2)\sqrt{1-x^2}}{3} + C
\end{aligned}$$

Let's place more x's into the denominator.

$$\begin{aligned}
(d) \int \frac{1}{x\sqrt{1-x^2}} dx &= \int \frac{\cos \theta d\theta}{\sin \theta \sqrt{1-\sin^2 \theta}} = \int \frac{d\theta}{\sin \theta} = \int \csc \theta d\theta && \text{Let } x = \sin \theta \\
&&& dx = \cos \theta d\theta \\
&= \ln |\csc \theta - \cot \theta| + C = \ln \left| \frac{1}{x} - \frac{\sqrt{1-x^2}}{x} \right| + C
\end{aligned}$$

$$\begin{aligned}
(e) \int \frac{1}{x^2\sqrt{1-x^2}} dx &= \int \frac{\cos \theta d\theta}{\sin^2 \theta \sqrt{1-\sin^2 \theta}} = \int \frac{\cos \theta d\theta}{\sin^2 \theta \cos \theta} && \text{Let } x = \sin \theta \\
&&& dx = \cos \theta d\theta \\
&= \int \frac{d\theta}{\sin^2 \theta} = \int \csc^2 \theta d\theta = -\cot \theta + C = -\frac{\sqrt{1-x^2}}{x} + C
\end{aligned}$$

$$\begin{aligned}
(f) \int \frac{1}{x^3\sqrt{1-x^2}} dx &= \int \frac{\cos \theta d\theta}{\sin^3 \theta \sqrt{1-\sin^2 \theta}} = \int \frac{\cos \theta d\theta}{\sin^3 \theta \cos \theta} && \text{Let } x = \sin \theta \\
&&& dx = \cos \theta d\theta \\
&= \int \frac{d\theta}{\sin^3 \theta} = \int \csc^3 \theta d\theta \leftarrow \text{difficult, done by parts}
\end{aligned}$$

$$\begin{aligned}
(g) \int \frac{1}{x^4\sqrt{1-x^2}} dx &= \int \frac{\cos \theta d\theta}{\sin^4 \theta \sqrt{1-\sin^2 \theta}} = \int \frac{\cos \theta d\theta}{\sin^4 \theta \cos \theta} && \text{Let } x = \sin \theta \\
&&& dx = \cos \theta d\theta \\
&= \int \frac{d\theta}{\sin^4 \theta} = \int \csc^4 \theta d\theta = \int \csc^2 \theta (\csc^2 \theta d\theta) \\
&= \int (\cot^2 \theta + 1) (\csc^2 \theta d\theta) = \int \cot^2 \theta \csc^2 \theta d\theta + \int \csc^2 \theta d\theta \\
&= -\frac{\cot^3 \theta}{3} - \cot \theta + C = -\frac{1}{3} \left( \frac{\sqrt{1-x^2}}{x} \right)^3 - \frac{\sqrt{1-x^2}}{x} + C
\end{aligned}$$

### Tangent

Basic: Find  $\int \frac{1}{1+x^2} dx$

Let  $x = \tan \theta$  then  $dx = \sec^2 \theta d\theta$

$$\int \frac{1}{1+x^2} dx = \int \frac{\sec^2 \theta d\theta}{1+\tan^2 \theta} = \int \frac{\sec^2 \theta d\theta}{\sec^2 \theta} = \int d\theta = \theta + C = \tan^{-1} x + C$$

Patterns:

$$\begin{aligned} (a) \int \frac{x}{1+x^2} dx &= \int \frac{\tan \theta}{1+\tan^2 \theta} \sec^2 \theta d\theta && \text{Let } x = \tan \theta \\ &= \int \tan \theta d\theta = \ln |\sec \theta| + C = \ln |\sqrt{1+x^2}| + C && \text{“sketch”} \end{aligned}$$

[Note: We can also find this integral directly since  $(1+x^2)' = 2x$ . Therefore,

$$\int \frac{x}{1+x^2} dx = \frac{1}{2} \int \frac{2x}{1+x^2} dx = \frac{1}{2} \ln |1+x^2| + C \leftarrow \text{Same answer as above.]$$

$$\begin{aligned} (b) \int \frac{x^2}{1+x^2} dx &= \int \frac{\tan^2 \theta}{1+\tan^2 \theta} \sec^2 \theta d\theta && \text{Let } x = \tan \theta \\ &= \int \tan^2 \theta d\theta = \int (\sec^2 \theta - 1) d\theta = \tan \theta - \theta + C && dx = \sec^2 \theta d\theta \\ &= x - \tan^{-1} x + C \end{aligned}$$

[Note: We can also do this question more directly by writing  $\frac{x^2}{1+x^2}$  as  $1 - \frac{1}{1+x^2}$

$$\text{and } \int 1 - \frac{1}{1+x^2} dx = x - \tan^{-1} x + C]$$

Placing more  $x$ 's in the denominator.

$$\begin{aligned} (c) \int \frac{1}{x(1+x^2)} dx &= \int \frac{1}{\tan \theta (1+\tan^2 \theta)} \sec^2 \theta d\theta && \text{Let } x = \tan \theta \\ &= \int \frac{1}{\tan \theta} d\theta = \int \cot \theta d\theta = \int \frac{\cos \theta}{\sin \theta} d\theta = \ln |\sin \theta| + C && dx = \sec^2 \theta d\theta \\ &= \ln \left| \frac{x}{\sqrt{1+x^2}} \right| + C \end{aligned}$$

$$\begin{aligned}
 (d) \int \frac{1}{x^2(1+x^2)} dx &= \int \frac{1}{\tan^2 \theta (1+\tan^2 \theta)} \sec^2 \theta d\theta & \text{Let } x = \tan \theta \\
 &= \int \frac{1}{\tan^2 \theta} d\theta = \int \cot^2 \theta d\theta = \int (\csc^2 \theta - 1) d\theta & dx = \sec^2 \theta d\theta \\
 &= -\cot \theta - \theta + C = -\left(\frac{1}{x}\right) - \tan^{-1} x + C
 \end{aligned}$$

### Secant

“Basic”: Find  $\int \frac{1}{\sqrt{x^2-1}} dx$

Let  $x = \sec \theta$  then  $dx = \sec \theta \tan \theta d\theta$

$$\begin{aligned}
 \int \frac{1}{\sqrt{x^2-1}} dx &= \int \frac{\sec \theta \tan \theta d\theta}{\sqrt{\sec^2 \theta - 1}} = \int \frac{\sec \theta \tan \theta d\theta}{\tan \theta} & \text{“sketch”} \\
 &= \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C = \ln |x + \sqrt{x^2-1}| + C
 \end{aligned}$$

This is not really the “Basic” since the answer is not  $\sec^{-1}x$ . The next integral should be the “Basic”.

(a)  $\int \frac{dx}{x\sqrt{x^2-1}}$  Let  $x = \sec \theta$  then  $dx = \sec \theta \tan \theta d\theta$

$$\begin{aligned}
 \therefore \int \frac{1}{x\sqrt{x^2-1}} dx &= \int \frac{\sec \theta \tan \theta d\theta}{\sec \theta \sqrt{\sec^2 \theta - 1}} = \int \frac{\sec \theta \tan \theta d\theta}{\sec \theta \tan \theta} \\
 &= \int d\theta = \theta + C = \sec^{-1} x + C
 \end{aligned}$$

(b)  $\int \frac{1}{x^2\sqrt{x^2-1}} dx = \int \frac{\sec \theta \tan \theta d\theta}{\sec^2 \theta \sqrt{\sec^2 \theta - 1}} = \int \frac{\sec \theta \tan \theta d\theta}{\sec^2 \theta \tan \theta}$  Let  $x = \sec \theta$   
 $dx = \sec \theta \tan \theta d\theta$

$$\begin{aligned}
 &= \int \frac{1}{\sec \theta} d\theta = \int \cos \theta d\theta = \sin \theta + C = \frac{\sqrt{x^2-1}}{x} + C
 \end{aligned}$$

$$\begin{aligned}
 (c) \int \frac{1}{x^3 \sqrt{x^2 - 1}} dx &= \int \frac{\sec \theta \tan \theta d\theta}{\sec^3 \theta \sqrt{\sec^2 \theta - 1}} = \int \frac{\sec \theta \tan \theta d\theta}{\sec^3 \theta \tan \theta} \quad \begin{array}{l} \text{Let } x = \sec \theta \\ dx = \sec \theta \tan \theta d\theta \end{array} \\
 &= \int \frac{1}{\sec^2 \theta} d\theta = \int \cos^2 \theta d\theta = \int \frac{1 + \cos 2\theta}{2} d\theta \\
 &= \frac{1}{2} \theta + \frac{\sin 2\theta}{4} + C = \frac{1}{2} \theta + \frac{2 \sin \theta \cos \theta}{4} + C = \frac{1}{2} \sec^{-1} x + \frac{1}{2} \frac{\sqrt{x^2 - 1}}{\sqrt{x}} \cdot \frac{1}{x} + C
 \end{aligned}$$

Placing more x's in the numerator.

$$\begin{aligned}
 (d) \int \frac{x}{\sqrt{x^2 - 1}} dx &= \int \frac{(\sec \theta) \sec \theta \tan \theta d\theta}{\sqrt{\sec^2 \theta - 1}} = \int \frac{\sec^2 \theta \tan \theta d\theta}{\tan \theta} \quad \begin{array}{l} \text{Let } x = \sec \theta \\ dx = \sec \theta \tan \theta d\theta \end{array} \\
 &= \int \sec^2 \theta d\theta = \tan \theta + C = \sqrt{x^2 - 1} + C
 \end{aligned}$$

[Note: You can also find this integral directly since  $(x^2 - 1)' = 2x$ .]

$$\begin{aligned}
 (e) \int \frac{x^2}{\sqrt{x^2 - 1}} dx &= \int \frac{(\sec^3 \theta) \sec \theta \tan \theta d\theta}{\sqrt{\sec^2 \theta - 1}} = \int \frac{\sec^3 \theta \tan \theta d\theta}{\tan \theta} \quad \begin{array}{l} \text{Let } x = \sec \theta \\ dx = \sec \theta \tan \theta d\theta \end{array} \\
 &= \int \sec^3 \theta d\theta \quad \leftarrow \text{difficult one by parts}
 \end{aligned}$$

Generalizing:

1. Let's change the number 1.

$$\begin{aligned}
 (a) \int \frac{1}{\sqrt{4 - x^2}} dx \quad &\text{Let } x = 2 \sin \theta \quad \text{then } dx = 2 \cos \theta d\theta \quad \text{"sketch"} \\
 \int \frac{1}{\sqrt{4 - x^2}} dx &= \int \frac{2 \cos \theta d\theta}{\sqrt{4 - 4 \sin^2 \theta}} = \int \frac{2 \cos \theta d\theta}{2 \sqrt{1 - \sin^2 \theta}} = \int d\theta = \theta + C = \sin^{-1} \frac{x}{2} + C
 \end{aligned}$$

$$\therefore \text{In general } \int \frac{dx}{\sqrt{a^2 - x^2}} = \sin^{-1} \frac{x}{a} + C$$

$$\begin{aligned}
(b) \quad & \int \frac{1}{9+x^2} dx \quad \text{Let } x = 3 \tan \theta \text{ then } dx = 3 \sec^2 \theta d\theta \\
& \int \frac{1}{9+x^2} dx = \int \frac{3 \sec^2 \theta d\theta}{9+9 \tan^2 \theta} = \int \frac{3 \sec^2 \theta d\theta}{9(1+\tan^2 \theta)} = \frac{1}{3} \int d\theta \quad \text{"sketch"} \\
& = \frac{1}{3} \theta + C = \frac{1}{3} \tan^{-1} \left( \frac{x}{3} \right) + C \\
\therefore \text{ In general } & \int \frac{dx}{a^2+x^2} = \frac{1}{a} \tan^{-1} \frac{x}{a} + C
\end{aligned}$$

$$\begin{aligned}
(c) \quad & \int \frac{dx}{x\sqrt{x^2-25}} \quad \text{Let } x = 5 \sec \theta \text{ then } dx = 5 \sec \theta \tan \theta d\theta \\
& = \int \frac{5 \sec \theta \tan \theta d\theta}{5 \sec \theta \sqrt{25 \sec^2 \theta - 25}} = \int \frac{\tan \theta d\theta}{5 \sqrt{\sec^2 \theta - 1}} \quad \text{"sketch"} \\
& = \int \frac{d\theta}{5} = \frac{1}{5} \theta + C = \frac{1}{5} \sec^{-1} \left( \frac{x}{5} \right) + C \\
\therefore \text{ In general } & \int \frac{dx}{x\sqrt{x^2-a^2}} = \frac{1}{a} \sec^{-1} \frac{x}{a} + C
\end{aligned}$$

$$\begin{aligned}
(d) \quad & \int \frac{dx}{4+9x^2} \quad \text{Let } 3x = 2 \tan \theta \quad \text{then } dx = \frac{2}{3} \sec^2 \theta d\theta \\
& = \int \frac{\frac{2}{3} \sec^2 \theta d\theta}{4+4 \tan^2 \theta} = \int \frac{\frac{2}{3} \sec^2 \theta d\theta}{4(1+\tan^2 \theta)} = \frac{1}{6} \int d\theta = \frac{1}{6} \tan^{-1} \left( \frac{3x}{2} \right) + C \quad \text{"sketch"}
\end{aligned}$$

$$\begin{aligned}
(e) \quad & \int \frac{dx}{x\sqrt{4-25x^2}} \quad \text{Let } 5x = 2\sin\theta \quad \text{then } dx = \frac{2}{5}\cos\theta d\theta \\
& = \int \frac{\frac{2}{5}\cos\theta d\theta}{\frac{2}{5}\sin\theta\sqrt{4-4\sin^2\theta}} = \int \frac{\cos\theta d\theta}{\sin\theta(2)\sqrt{1-\sin^2\theta}} \quad \text{"sketch"} \\
& = \frac{1}{2} \int \csc\theta d\theta = \frac{1}{2} \ln|\csc\theta - \cot\theta| + C = \frac{1}{2} \ln\left|\frac{2}{5x} - \frac{\sqrt{4-25x^2}}{5x}\right| + C
\end{aligned}$$

Fractional exponents:

$$\begin{aligned}
(f) \quad & \int \frac{dx}{(4+x^2)^{\frac{3}{2}}} \quad \text{Let } x = 2\tan\theta \quad \text{then } dx = 2\sec^2\theta d\theta \\
& = \int \frac{2\sec^2\theta d\theta}{(4+4\tan^2\theta)^{\frac{3}{2}}} = \int \frac{2\sec^2\theta d\theta}{4^{\frac{3}{2}}(1+\tan^2\theta)^{\frac{3}{2}}} = \int \frac{2\sec^2\theta d\theta}{8(\sec^2\theta)^{\frac{3}{2}}} \quad \text{"sketch"} \\
& = \frac{1}{4} \int \frac{\sec^2\theta d\theta}{\sec^3\theta} = \frac{1}{4} \int \frac{d\theta}{\sec\theta} = \frac{1}{4} \int \cos\theta d\theta \\
& = \frac{1}{4} \sin\theta + C = \frac{1}{4} \frac{x}{\sqrt{x^2+4}} + C
\end{aligned}$$

$$\begin{aligned}
(g) \quad & \int \frac{dx}{(9x^2-1)^{\frac{3}{2}}} \quad \text{Let } 3x = \sec\theta \quad \text{then } 3dx = \sec\theta \tan\theta d\theta \\
& = \int \frac{\sec\theta \tan\theta d\theta}{3(\sqrt{\sec^2\theta-1})^3} = \int \frac{\sec\theta \tan\theta d\theta}{3\tan^3\theta} = \frac{1}{3} \int \frac{\sec\theta d\theta}{\tan^2\theta} \quad \text{"sketch"} \\
& = \frac{1}{3} \int \frac{\frac{1}{\cos\theta} d\theta}{\frac{\sin^2\theta}{\cos^2\theta}} = \frac{1}{3} \int \frac{\cos\theta d\theta}{\sin^2\theta} = \frac{1}{3} \int (\sin\theta)^{-2} \cos\theta d\theta \\
& = \frac{1}{3} \frac{(\sin\theta)^{-1}}{-1} + C = -\frac{1}{3} \csc\theta + C = -\frac{1}{3} \frac{3x}{\sqrt{9x^2-1}} + C
\end{aligned}$$

## 2. Completing the Square

$$\int \frac{1}{x^2 - 2x + 5} dx = \int \frac{1}{(x^2 - 2x + 1 - 1) + 5} dx = \int \frac{1}{(x-1)^2 + 4} dx \leftarrow \text{completed square}$$

$$\text{Let } x-1 = 2 \tan \theta \quad \text{then } dx = 2 \sec^2 \theta d\theta$$

$$\begin{aligned} \therefore \int \frac{1}{(x-1)^2 + 4} dx &= \int \frac{2 \sec^2 \theta d\theta}{4 \tan^2 \theta + 4} = \int \frac{2 \sec^2 \theta d\theta}{4(\tan^2 \theta + 1)} = \frac{1}{2} \int d\theta \quad \text{"sketch"} \\ &= \frac{1}{2} \theta + C = \frac{1}{2} \tan^{-1} \left( \frac{x-1}{2} \right) + C \end{aligned}$$

$$(b) \quad \int \frac{1}{\sqrt{4-2x-x^2}} dx = \int \frac{1}{\sqrt{4-(x^2+2x+1-1)}} dx = \int \frac{1}{\sqrt{5-(x+1)^2}} dx$$

$$\text{Let } x+1 = \sqrt{5} \sin \theta \quad \text{then } dx = \sqrt{5} \cos \theta d\theta$$

$$\begin{aligned} \therefore \int \frac{1}{\sqrt{5-(x+1)^2}} dx &= \int \frac{\sqrt{5} \cos \theta d\theta}{\sqrt{5-5 \sin^2 \theta}} = \int \frac{\sqrt{5} \cos \theta d\theta}{\sqrt{5} \sqrt{1-\sin^2 \theta}} \quad \text{"sketch"} \\ &= \int d\theta = \theta + C = \sin^{-1} \left( \frac{x+1}{\sqrt{5}} \right) + C \end{aligned}$$

$$(c) \quad \int \frac{1}{\sqrt{5-4x-2x^2}} dx = \int \frac{1}{\sqrt{5-2(x^2+2x+1-1)}} dx = \int \frac{1}{\sqrt{7-2(x+1)^2}} dx$$

$$\text{Let } \sqrt{2}(x+1) = \sqrt{7} \sin \theta \quad \text{then } \sqrt{2} dx = \sqrt{7} \cos \theta d\theta$$

$$\begin{aligned} \therefore \int \frac{\frac{\sqrt{7}}{\sqrt{2}} \cos \theta}{\sqrt{7-7 \sin^2 \theta}} d\theta &= \frac{\sqrt{7}}{\sqrt{2}} \int \frac{\cos \theta d\theta}{\sqrt{7} \sqrt{1-\sin^2 \theta}} = \frac{1}{\sqrt{2}} \int \frac{\cos \theta d\theta}{\cos \theta} \quad \text{"sketch"} \\ &= \frac{1}{\sqrt{2}} \int d\theta = \frac{1}{\sqrt{2}} \theta + C = \frac{1}{\sqrt{2}} \sin^{-1} \left( \frac{\sqrt{2}(x+1)}{\sqrt{7}} \right) + C \end{aligned}$$



### Variations and generalizations.

If  $\sqrt{1-x^2}$  is in the numerator of this famous integral which finds the area of a circle with radius 1.

Example: Find the area of a circle with radius = 1. “sketch”

Solution:

$$\begin{aligned} 4 \int_0^1 \sqrt{1-x^2} dx & \quad \text{Let } x = \sin \theta \quad \text{then } dx = \cos \theta d\theta & \quad \begin{array}{l} x \parallel \theta \\ 0 \parallel 0 \\ 1 \parallel \frac{\pi}{2} \end{array} \\ = 4 \int_0^{\frac{\pi}{2}} \sqrt{1-\sin^2 \theta} \cos \theta d\theta & = 4 \int_0^{\frac{\pi}{2}} \cos^2 \theta d\theta = 4 \int_0^{\frac{\pi}{2}} \frac{1+\cos 2\theta}{2} d\theta \\ = 4 \left( \frac{1}{2} \theta + \frac{\sin 2\theta}{4} \right) \Big|_0^{\frac{\pi}{2}} & = 4 \cdot \frac{1}{2} \left( \frac{\pi}{2} \right) + 0 - [0] = 4 \left( \frac{\pi}{4} \right) = \pi \end{aligned}$$

Let's look at this problem using parametric equations and using a polar curve.

### Parametric

A circle with radius=1 is defined by parametric equations:

$$x = \cos \theta \quad y = \sin \theta$$

$$\therefore \text{Area} = - \int_0^{2\pi} y \frac{dx}{d\theta} d\theta = - \int_0^{2\pi} (\sin \theta)(-\sin \theta) d\theta$$

$$= \int_0^{2\pi} \sin^2 \theta d\theta = \int_0^{2\pi} \frac{1-\cos 2\theta}{2} d\theta$$

$$= \frac{1}{2} \theta - \frac{\sin 2\theta}{4} \Big|_0^{2\pi}$$

$$= \frac{1}{2} (2\pi) - 0 - [0] = \pi$$

← Basically the same

### Polar

A circle with radius = 1 has equation  $r = 1$ .

$$\therefore \text{Area} = \frac{1}{2} \int_0^{2\pi} r^2 d\theta = \frac{1}{2} \int_0^{2\pi} 1^2 d\theta = \frac{1}{2} \theta \Big|_0^{2\pi} = \frac{1}{2} (2\pi) - 0 = \pi$$

Which system is more efficient? Do you see the advantages of different systems?